

**HEARTBEAT
HADDENHAM**



*Saving lives by
installing defibrillators*

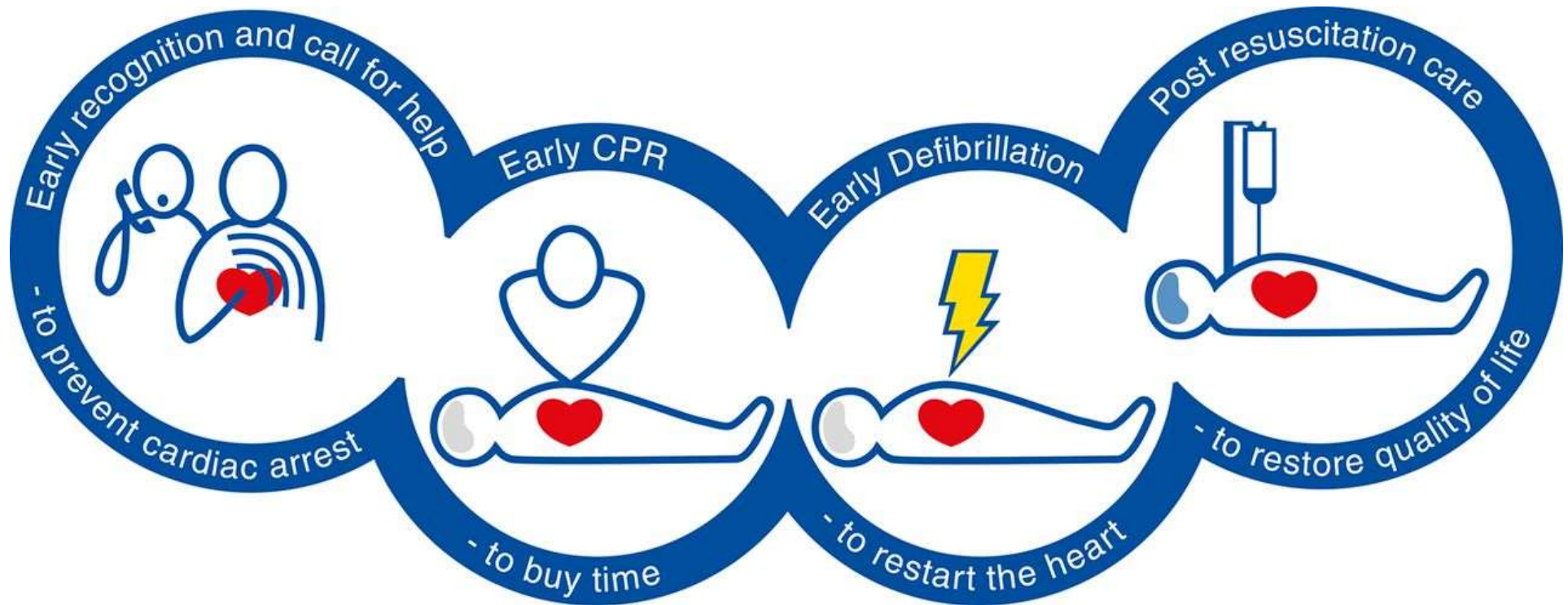
Heartbeat Haddenham CPR & Defibrillator Workshop

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INTRODUCTION

- What is a cardiac arrest?
- Why are we running these workshops and installing defibrillators?





PRIMARY SURVEY

- **D**anger
- **R**esponse - Are they awake?
- **S**hout for help
- **A**irway - head tilt, chin lift
- **B**reathing —————

Look	For 10secs
Listen	Expect 2-3 breaths
Feel	



THE UNCONSCIOUS, NOT BREATHING CASUALTY

1. The Risk

- Death

2. The Solution

- Call 999 for an ambulance
- Perform CPR
 - 30 compressions at 120 per min
 - 2 breaths
 - Repeat
- Use an AED (if available)

3. The Result

- Hopefully 1 life saved





THE UNCONSCIOUS, BREATHING CASUALTY

1. The Risk

- Blocking airway
- Deterioration in condition



2. The Solution

- Recovery position
- 999 for an ambulance
- Monitor



3. Result

- 1 life saved



Where to find Defibrillators in Haddenham

